NOTES ON THE STATE OF VIRGINIA.
BY THOMAS JEFFERSON.
PHILADELPHIA: PRINTED FOR MATHEW CAREY, NO. 118, MARKET-STREET.
NOVEMBER 12, 1794.

ADVERTISEMENT.
THE following Notes were written in Virginia, in the year 1781, and somewhat corrected and enlarged in the winter of 1782, in answer to Queries proposed to the Author, by a Foreigner of Distinction, then residing among us. The subjects are all treated imperfectly; some scarcely touched on. To apologize for this by developing the circumstances of the time and place of their composition, would be to open wounds which have already bled enough. To these circumstances some of their imperfections may with truth be ascribed; the great mass to the want of information and want of talents in the writer. He had a few copies printed, which he gave among his friends: and a translation of them has been lately published in France, but with such alterations as the laws of the press in that country rendered necessary. They are now offered to the public in their original form and language.
Feb. 27, 1787.

84-89
“The Indian of North America being more within our reach, I can speak of him somewhat from my own knowledge, but more from the information of others better acquainted with him, and on whose truth and judgment I can rely. From these sources I am able to say, in contradiction to this representation, that he is neither more defective in ardour, nor more impotent with his female, than the white reduced to the same diet and exercise: that he is brave, when an enterprise depends on bravery; education with him making the point of honour consist in the destruction of an enemy by stratagem, and in the preservation of his own person free from injury; or perhaps this is nature; while it is education which teaches us to honour force more than finesse: that he will defend himself against an host of enemies, always choosing to be killed, rather than † to surrender, though it be to the whites, who he knows will treat him well: that in other situations also he meets death with more deliberation, and endures tortures with a firmness unknown almost to religious enthusiasm with us: that he is affectionate to his children, careful of them, and indulgent in the extreme: that his affections comprehend his other connections, weakening, as with us, from circle to circle, as they recede from the centre: that his friendships are strong and faithful to the uttermost† extremity: that his sensibility is keen, even the warriors weeping most bitterly on the loss of their children, though in general they endeavour to appear superior to human events: that his vivacity and activity of mind is equal to ours in the same situation; hence his eagerness for hunting, and for games of chance. The women are submitted to unjust drudgery. This I believe is the case with every barbarous people. With such, force is law. The stronger sex therefore imposes on the weaker. It is civilization alone which replaces women in the enjoyment of their natural equality. That first teaches us to subdue selfish passions, and to respect those rights in others which we value in ourselves. Were we in equal barbarism, our females would be equal drudges. The man with them is less strong than with us, but their women stronger than ours; and both for the same obvious reason; because our man and their woman is habituated to labour, and formed by it. With both races the sex which is indulged with ease is
least athletic. An Indian man is small in the hand and wrist, for the same reason for which a
sailor is large and strong in the arms and shoulders, and a porter in the legs and thighs.—They
raise fewer children than we do. The causes of this are to be found, not in a difference of nature,
but of circumstance. The women very frequently attending the men in their parties of war and of
hunting, child-bearing becomes extremely inconvenient to them. It is said, therefore, that they
have learned the practice of procuring abortion by the use of some vegetable; and that it even
extends to prevent conception for a considerable time after. During these parties they are
exposed to numerous hazards, to excessive exertions, to the greatest extremities of hunger. Even
at their homes the nation depends for food, through a certain part of every year, on the gleanings
of the forest: that is, they experience a famine once in every year. With all animals, if the female
be badly fed, or not fed at all, her young perish: and if both male and female be reduced to like
want, generation becomes less active, less productive. To the obstacles then of want and hazard,
which nature has opposed to the multiplication of wild animals, for the purpose of restraining
their numbers within certain bounds, those of labour and of voluntary abortion are added with the
Indian. No wonder then if they multiply less than we do. Where food is regularly supplied, a
single farm will show more of cattle, than a whole country of forests can of buffaloes. The same
Indian women, when married to white traders, who feed them and their children plentifully and
regularly, who exempt them from excessive drudgery, who keep them stationary and unexposed
to accident, produce and raise as many children as the white women. Instances are known, under
these circumstances, of their rearing a dozen children.”